

Humboldt Bay WATER TRAILS MAP

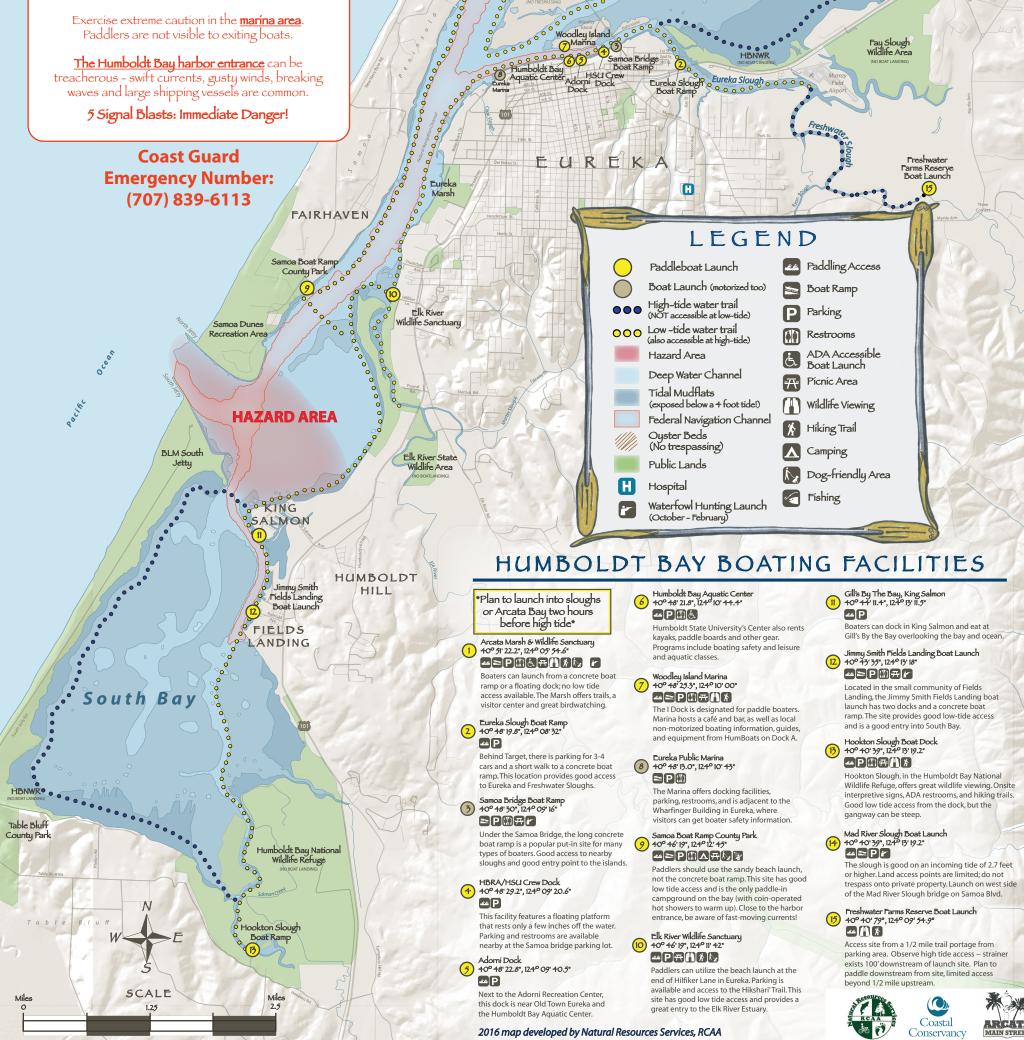
Humboldt Bay offers paddling trails at both low and high tides. Whether out viewing wildlife, exercising, fishing or sharing family time, find the route that is best for you. (Please note that paddleboarding follows the same safety requirements as personal watercraft.)

Grab your life jacket, whistle, light and weather radio, and safely paddle the bay!

HAZARD AREAS - Use Caution! The Federal Navigation channel is heavily used by commercial and industrial boats - always yield to larger vessels and stay at least 100 feet from boat traffic.

Exercise extreme caution in the marina area. Paddlers are not visible to exiting boats.

The Humboldt Bay harbor entrance can be treacherous - swift currents, gusty winds, breaking waves and large shipping vessels are common.



HBNWR

Humboldt Bay National Wildlife Refuge

Mad River Slough

Boat Launch

Arcata Bay

HBNWF

North

Ma-le'l South

Manila Community Park

Woodley Island

dt Bay

MANILA

Manila Dunes Recreation Are

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SAMOA

Humboldt Coastal

Nature Center (Friends of the Dunes)

H

Arcata Marsh and Wildlife Sanctuary

Humboldt

Bau Wildlif

ARCATA

Fay Slough Wildlife Area

Mad River Slough Wildlife Area

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Don't Get Stuck in the Muck!

Mudflats become exposed below a 4-foot tide and can leave boaters stranded from main water channels. Know the tides and deep channel locations.

Avoid Mudflats, Salt Marshes & Oyster Beds

Fragile mudflats are teeming with kelpcrabs, nudibranchs, isopods and pipefish, and provide rearing habitat for fish. The salt marshes ringing the bay are remnants of nearly 9,000 acres lost to diking in the early 1900s. Avoid underwater oyster beds, corners are marked with pvc or wood stakes. Stay in the main water channels.

Respect Harbor Seals

The bay provides "haul-out" and pupping areas for harbor seals. Seals are most sensitive to disturbance during molting and breeding seasons. Use exra caution January-March.

- Stay at least 100 yards away from haul-outs.
- Make parallel (not head-on) approaches.
- Travel slowly, calmly and quietly.
- Use binoculars for close-up viewing.

Forecast Your Trip

Avoid hypothermia & over-exposure. Get the latest on weather, wind, wave, and tide conditions for Humboldt Bay.

National Weather Service Forecast 707-443-7062 www.wrh.noaa.gov/eka/

Tides & Currents

There are two high and low tides daily. Near full and new moons tidal fluctuations can be extreme - up to 10 feet over six-hours - which equals fast-moving currents. Currents can exceed 5 miles per hour - faster than many people can swim and paddle. Plan your trip around the tides to make sure you don't have to travel against a strong current. Negative tides can bring fast-moving currents. Always check the tide tables!

Wildlife Viewing Etiquette

- P ass far so you do not impact animals. A pproach indirectly and avoid direct confrontation.
- Discreetly view from a distance.
- Defer when you observe behavior changes.
- L eave wildlife alone.
- E xplain that protecting wildlife protects paddling. (PADDLE guidelines adapted from the Farallones Marine Sanctuary Association)

Observe the Pacific Flyway

The Pacific Flyway is a migratory path for many water bird species. Birds are most sensitive to disturbance during late fall, winter, and early spring months (Jan. - Oct., but especially Jan. and Feb.).

- Give nesting birds a wide berth at least 150 yds.
- Leave resting and feeding birds undisturbed.
- Take the time to angle around birds on the water.
- Never let dogs chase or harass wildlife.

Tips While Boating on the Bay Tips for Safe & Legal Boating

REQUIRED Gear for Paddlers and Paddleboarders

- Coast Guard approved life jacket for every paddler
- Sound or signal making device (whistle or a horn)

Strongly Recommended

- Bilge pump with float
- Tide tables and map
- Drinking water/food
- First aid kit and sunscreen
- Extra paddle
- 'Float Plan' left with family or friends (route & duration)
- BE VISIBLE: Wear bright colors, carry a white light

Recommended

- Navigational guides such as tide charts
- Throw bag with 50 feet (15 meters) of floating line
- Weather radio, a compass and/or GPS (in ziplock bag)
- Waterproof flashlight and reflective gear or markings
- Pocket knife Paddle Float



Boating Etiquette

- Avoid paddling too close or directly in front of other boaters including people fishing or waterfowl hunting.
- Pack it in, pack it out. Keep the bay clean and do not litter this includes human waste! Restroom facilities on the bay are limited.

Horn Blast? Paddlers, Act Fast!

1 short blast (1 second): Boat wants to pass on its port side (Hint: PORT/1 syllable /1 short blast) 2 short blasts: Boat wants to pass on its starboard side (Hint: STARBOARD/2 syllables/2 short blasts) 3 short blasts: Engine is in reverse

5 short blasts: DANGER, or boat does not understand your boat's intentions 1 long blast (4-6 seconds): Warning! (Entering/exiting a blind turn, nearing an obstructed area, leaving a dock) 1 long blast every 2 minutes: Power-driven vessel operating in low or restricted visibility

Gary Bloomfield

Artwork by



Know the Laws

All paddlers are subject to state and federal water navigation laws:

- Vessels less than 16 feet in length, including paddleboards, must carry a Coast Guard-approved lifejacket for each person on board.
- Vessels 16 feet and over, except canoes and kayaks, must have one Coast Guard approved wearable device for each person aboard, plus at least one Type IV throwable device.
- A vessel of less than 39 feet 4 inches (12 meters) in length is not required to carry a whistle or bell, but must be able to make an efficient audible signal sound.
- All vessels must display navigation lights between sunset and sunrise and during times of restricted visibility.

For more information and a complete set of guidelines and regulations, see the ABCs of CA Boating Law, available from the CA Department of Boating and Waterways (1-888-326-2822).

Commercial Vessels

The federal navigation channel (see map) is used by large commercial ships that maintain the right of way: lumber barges, tug boats, Coast Guard, government vessels and commercial fishing trawlers and trollers. Be aware of wakes and small waves created by larger vessels. Stay at least 100 yards from vessels.

Humboldt Bay Harbor Entrance

The entrance to Humboldt Bay is treacherous! Rogue ocean waves, high winds, commercial boat traffic and extremely fast currents pose a constant threat to small boats. Whenever possible, STEER CLEAR OF THIS AREA!

Bay Hazards

Maintain a constant lookout for floating debris, dock remnants and pilings, partially exposed islands, rocks, logs in addition to erratic waves, currents and wakes.

Docks & Marinas

There are two public marinas on Humboldt Bay, both located along the Eureka waterfront. Paddlers must stay clear of boat slips.

Fishing & Hunting

Fishing and hunting require licenses. Ask local resource agencies or outfitters for locations and open seasons.